

**Mil Lel Primary School Internal Sports Day Program  
Friday 22 March 2019**

<b>8.50</b>	<b>Warm Ups</b>			
<b>9.10</b>	<b>Championship Sprints</b>			
<b>9.40</b>	<b>Presentation of Ribbons</b>			
<b>Tabloid Events</b>	<b>Accuracy Kick</b>	<b>Marathon</b>	<b>Long Throw</b>	<b>Hurdles</b>
<b>10.00</b>	F/1	6/7	4/5	2/3
<b>10.15</b>	2/3	F/1	6/7	4/5
<b>10.30</b>	4/5	2/3	F/1	6/7
<b>10.45</b>	6/7	4/5	2/3	F/1
<b>11.00</b>	<b>RECESS</b>			
<b>Tabloid Events</b>	<b>Long Jump</b>	<b>Shot Put (Vortex throw for F-3)</b>	<b>Accuracy Throw</b>	
<b>11.30</b>	F/1	6/7	4/5	
<b>11.45</b>	2/3	F/1	6/7	
<b>12.00</b>	4/5	2/3	F/1	
<b>12.15</b>	6/7	4/5	2/3	
<b>12.30</b>	<b>SHARED LUNCH</b>			
<b>1.20</b>	<b>Team Sack Race</b>			
<b>1.40</b>	<b>Tug of War</b>			
<b>2.00</b>	<b>Parents/Staff vs Student Tug of War (time permitting)</b>			
<b>2.20</b>	<b>Presentations</b>			
<b>2.30</b>	<b>Help to Pack up and Dismissal</b>			



**MIL LEL INTERNAL SPORTS DAY HELPERS REPLY SLIP – Please reply by Wednesday 13 March**

Parent help is required to manage the different events. This normally involves helping organise equipment and measuring and timing events.

I am able to help at the Mil Lel Sports Day on Friday 22 March, at the following times:

- 9.10 – 9.40
- 10.00 – 11.00
- 11.30 – 12.30
- 1.20 – 2.00
- I will help pack up at the conclusion of the day.

**Name:** \_\_\_\_\_